

# Aaron Boone chat

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## Aaron Boone chat transcript

Wednesday, June 22 2005 @ 03:17 PM CDT

Contributed by: Wp28

We were very honored to have Carolina Panthers WR Aaron Boone join us on Tuesday, June 21 for chat.

Many thanks to Aaron for taking time out of his schedule to join us last night.

Panthers Lair members, keep an eye out for upcoming emails announcing future chats with special guests.

Click on "read more" for a transcript of last evenings chat.

9:14 PM [magnus] Alright, we're ready to start for the evening.

9:15 PM [magnus] Let's welcome Aaron Boone to chat, WR for the Carolina Panthers.

9:16 PM [ABoone] Thanks for having me, fellas.

9:16 PM [magnus] Initially stupid question, how often do people mistake you for the baseball player?

9:17 PM [ABoone] It happens occasionally.

9:17 PM [ABoone] More often, I get asked if I'm a relative of his or something.

9:19 PM [BK] Are you ready to get into camp?

9:19 PM [BK] Will you be more ready to play in camp because of NFLE, or will you be worn out?

9:20 PM [ABoone] I pride myself on my conditioning, so I should be in good shape for everything camp has to offer.

9:21 PM [ABoone] I do Pilates and stay in playing shape year round.

9:22 PM [magnus] Pilates, eh? Interesting to see you use an alternative training method like that.

9:22 PM [magnus] Don't see it that often.

9:30 PM [ABoone] My sister is a pilates instructor back in Utah. She got me started on it, and it's helped me.

9:16 PM [magnus] Must keep you flexible.

9:17 PM [ABoone] Yes, exactly.

9:18 PM [magnus] Speaking of Pilates, what was it like playing with Lorenzen?

9:19 PM [ABoone] He was a big guy. Really big.

9:20 PM [magnus] I enjoyed watching him. Saw most of his career, and therefore part of yours.

9:22 PM [ABoone] Huge arm on him, he could sling over 70 yards.

9:23 PM [ABoone] Wish he could've kept his weight down, because he could really gun.

9:24 PM [magnus] You were a quarterback in high school. How was the adjustment?

9:25 PM [ABoone] It wasn't bad.

9:27 PM [ABoone] I felt like I was a good QB, as a matter of fact I've had a stronger arm than everyone I've played with, other than Lorenzen.

9:29 PM [ABoone] As a matter of fact, I feel like I still could.

9:30 PM [magnus] That makes sense, it explains why you finish runs the way you do - the QB experience. enjoy how you get that extra few yards every play.

9:34 PM [ABoone] Thanks. It helps reading the defenses too.

9:35 PM [Wp28] Aaron, sorry if this has been asked already, how did living in Peru compare to Europe?

9:36 PM [ABoone] I guess it was similar in that I was used to the culture change; language, food, traditions etc. I was more open to it.

9:37 PM [ABoone] A lot of guys get there and want it to be like the states but its not.

9:37 PM [ABoone] The 2 countries are very different though as far as the standard of living etc.

9:37 PM [magnus] yeah, a lot of Americans in Italy were bad representations of our country when I was over there. It's a shame.

9:38 PM [ABoone] I think the guys that play in NFLE that adapt the fastest actually have better results too.

9:39 PM [ABoone] If your constently complaining about things it carries with you to practice and to the field.

9:39 PM [Catsnubr1Fan] Hey Aaron, saw you at Spring Practice..You really looked like you were getting the hang of things at practice...)

9:40 PM [ABoone] It felt great just to be out there, I absolutly love the organization. It blows away other places I have been.

9:40 PM [BK] thats nice to hear.

9:40 PM [ABoone] The offense also shouldnt be too hard to grasp its very similar to my

O in Berlin.

9:40 PM [Catsnmbr1Fan] Mr Richardson is one of the Best..

9:40 PM [magnus] You handling all that Williamson throws at you? He's a bit of a treasure of ours. Make him tell some Bear Bryant stories.

9:41 PM [ABoone] I will have to do that. I only have heard good things about him.

9:41 PM [ABoone] Im anxious to get out there in Training Camp and see what I can do.

9:42 PM [Catsnmbr1Fan] I liked the specail gloves you used during practice,, Are they from a special store.??

9:42 PM [BK] we're all looking foward to it too. We're kinda thin at WR that can actually catch.

9:42 PM [ABoone] NO, its just that they dont have that model in stock yet. I got them over in Europe and just really liked them.

9:43 PM [magnus] yeah, BK's right. We're weird about our WR usage, but if they just picked from receiving skill, I think you'll make this team.

9:43 PM [BK] How many special teams tackles did you have this year? And have you ever returned punts?

9:43 PM Just\_a\_guy has joined the chat.

9:43 PM [ABoone] They are much thinner then most gloves but still give you the same results. Thats good when your playing in Charlotte heat.

9:43 PM [Catsnmbr1Fan] That is what you told me at practice, I was trying to get you to give them up.. :)

9:43 PM [ABoone] LOL

9:43 PM [Just\_a\_guy] Any interesting chatter about the Panthers in NFL Europe?

9:44 PM [Catsnmbr1Fan] So are they going to give you your old number 13..??

9:44 PM [ABoone] Well, I like my chances so far I really think I could provide some reliable depth at that postion.

9:45 PM [ABoone] Probably the thing I am most proud of of NFLE was leading the league in SPecial teams tackles, because I know thats my ticket.

9:45 PM [ABoone] Special teams will get you on a team then you have to show them you can play WR too.

9:46 PM [Catsnmbr1Fan] I think you can definety beat a few of the guys we currently have,Baker and Hankton,espeiclaly if you don't mind playing ST

9:46 PM [BK] I didn't know you led the league LOL. I knew just about every game I watched you were making a tackle or two.

9:47 PM [ABoone] I am not a punt returner, I did return have to return one because of injury in Europe for 15 yards.

9:47 PM [Catsnmbr1Fan] Really, you are in like Flynn... :)

9:48 PM [magnus] Running down kicks is a huge deal for Carolina. We've got guys who've done it most of the franchise's history.

9:48 PM [ABoone] I think I finished with like 13 solo tackles and a few assists.

9:48 PM [Catsnmbr1Fan] So do you consider yourself a Speed guy, or a

good route runner, or Mr. Clutch...or all of the above..?

9:49 PM [ABoone] The one thing I was told before they sent me to Europe was play well on Special teams so I tried to make that a priority.

9:49 PM [Refugee] What's it like playing with Dave Ragone, who played with your rival school in college?

9:49 PM [ABoone] I would say the last 2.

9:49 PM [Catsnmbr1Fan] Cool..

9:49 PM [ABoone] Im not speedy but Im not slow, I would say deceptive because of my long strides.

9:50 PM [magnus] Stick close to Proehl then - he's made a career out of not being fast.

9:50 PM [ABoone] I like MR Clutch too!

9:50 PM Wp28 has joined the chat.

9:50 PM [ABoone] I can definitely learn a lot from Proehl its great to learn from him.

9:51 PM [Catsnmbr1Fan] You remind me of a receiver we had here a few yrs ago, Patrick Jeffers..same type of running..he had over 900 yds and 12 TD's

9:51 PM [BK] move the chains and make catches in the red zone and we'll love you for life.

9:51 PM [ABoone] Ragone was a great QB. He is such a student of the game.

9:52 PM [ABoone] Thats what I try to do, I hate the label of a Possesion WR but I love when I am put in a 3rd and must have or last play.

9:52 PM [ABoone] In college they came up with the saying Big Play Boone

9:53 PM [Catsnmbr1Fan] Wesley Walls made a career of doing exactly that, move the chains, and score TD"s...

9:53 PM [BK] if you're open Jake will find you.

9:53 PM [ABoone] I was always the 3rd Wr in college but I ended up tied for leading the SEC in receiving TDS my senior year.

9:54 PM [ABoone] I just love finding away to make a big play.

9:54 PM Just\_a\_guy has left the chat.

9:54 PM [ABoone] Jake is a great qb and he know where I am coming from trying to make it from europe to here.

9:54 PM [ABoone] I was very impressed with him in camp.

9:55 PM [Wp28] this has probably been asked already, but do you have any experience returning punts or kicks?

9:55 PM [BK] what did you think of our QBs and safeties? ANd where the hell is Thomas Davis gonna be playing LOL

9:56 PM [ABoone] not really, In college I blocked for NCAA leading kick and punt returned Derik Abney and so I never got a chance.

9:56 PM [BK] QBs meaning Rutherford and Lefors

9:56 PM [ABoone] I really havent had a good look at all at our defense so I cant answer your ?. I think our qb's are solid to what I have seen

9:57 PM [ABoone] They both seem young, but both have lots of talent.

9:57 PM [ABoone] I was impressed with Lefors pocket presence and Rutherfords athletic ability.

9:58 PM [Refugee] Did you get the chance to see Taylor Stubblefield

play? How'd he look?

9:58 PM [Catsnmbr1Fan] OK, I have a Nick Name for you ...Aaron ' Clutch ' Boone... :)

9:58 PM [ABoone] Good route runner and good hands, I thought he was bigger though.

9:58 PM [ABoone] Sounds good.

9:59 PM [magnus] I think I'm partial to you beating Stubblefield.

9:59 PM [ABoone] Thanks.

9:59 PM [BK] me too

9:59 PM [Catsnmbr1Fan] So in Spartanburg, I will get everyone to cheer for Clutch... :)

9:59 PM [ABoone] I guess I have more size and experience but he had a great college career.

10:00 PM [ABoone] Rally the troops! the more help the better!LOL

10:00 PM [Catsnmbr1Fan] small receivers have a hard time in the NFL, with No speed tho

10:00 PM [Refugee] Yeah, but he played for Purdue. You played in the SEC.

10:00 PM [Catsnmbr1Fan] I agree,,,we will have them screaming...

10:00 PM [ABoone] I think that is one thing that might hurt him is hes speed size combination.

10:01 PM [Wp28] curious your thoughts on Isaac Hilton, Charles Hill, and Eddie Freeman (based on NFL Europe)

10:01 PM [ABoone] Thats one thing that is hard about this league there are lots of good guys but there is only so many spots. Maybe this is my yr.

10:01 PM [magnus] Might be hard to beat Drew Carter, though. He's got plenty of size and speed...just not much life left in the knee.

10:01 PM [Catsnmbr1Fan] Agree...that is what makes Steve Smith special,,is his speed...ball hawking ability too...I won't use the word Clutch...)

10:01 PM [ABoone] Carter is good if he can stay healthy.

10:01 PM Wp28 has left the chat.

10:01 PM Wp28 has joined the chat.

10:01 PM [ABoone] Smith is great.

10:01 PM Wp28 has left the chat.

10:02 PM [ABoone] Hilton has a lot of potential if he will stay focused and work hard, amazing athlete. Hill was by far the best tackle we had.

10:02 PM [Catsnmbr1Fan] I like the idea of having 4 WR's in, and let them go crazy trying to figure out who will get the ball

10:02 PM Wp28 has joined the chat.

10:02 PM [Refugee] Smith is great, but I get the feeling he doesn't want to be the #1 guy.

10:03 PM [BK] don't ask to rewind video tape during camp

10:03 PM [Refugee] Except maybe in pay.

10:03 PM [ABoone] Im not sure, I havent been around long enough to feel all the chemistry/

10:03 PM [Catsnmbr1Fan] LOL...good one BK...:)

10:03 PM [Catsnmbr1Fan] Can you say Anthony Bright...)

10:03 PM [ABoone] Any other ?'s

10:04 PM [ABoone] I cant wait for camp.

10:04 PM [Refugee] How was your experience at Kentucky?

10:04 PM [ABoone] but my body is enjoying the break.

10:04 PM [Catsnmbr1Fan] I know in Practice the other day, Steve Smith jumped all over a DB for trying to trip him..

10:05 PM [ABoone] UK was great. Every week your playing against not only some of the best programs in the country but the best secondaries.

10:05 PM [magnus] I guess it's fair to ask you how much time we have left with you, AB

10:05 PM [Refugee] I'm an UGA fan myself, but I love the state of Kentucky.

10:05 PM [Catsnmbr1Fan] Last year they taped up the rookies with Duct tape, be aware of that in practice in Spartanburg...)

10:05 PM [ABoone] Camp is always interesting.

10:06 PM [Refugee] Oh yeah, you probably played against Thomas Davis and Will Witherspoon.

10:06 PM [ABoone] Wow its been an hour already.

10:06 PM [ABoone] Yes.

10:06 PM [Catsnmbr1Fan] Oh yeah

10:06 PM [ABoone] Both are incredible athletes.

10:06 PM [Refugee] Yes, I'm glad they play for us

10:07 PM [Catsnmbr1Fan] Aaron see you in Spartanburg...Go Clutch...!!

10:07 PM [ABoone] Thanks man! See ya there.

10:07 PM [Catsnmbr1Fan] take care ..

10:07 PM [Refugee] Later, good luck

10:07 PM [ABoone] If anyone thinks of other questions email me on my website I will respond. [www.aaronrboone.com](http://www.aaronrboone.com)

10:08 PM Buff49er has left the chat.

10:08 PM [magnus] Great stuff, Aaron. Thanks again for doing this. Best of luck to you.

10:08 PM [ABoone] Thanks for chatting that was fun, we will have to do it again sometime. Maybe after a week or two of camp.

10:08 PM [Catsnmbr1Fan] save me a pair of those gloves...)

10:08 PM [BK] thanks for your time and good luck in camp.

10:08 PM [ABoone] Take care ya all, God bless!

10:08 PM [BK] that'd be cool to talk again

10:09 PM Refugee has left the chat.

10:09 PM ABoone has left the chat.

10:09 PM sand has left the chat.

10:09 PM [magnus] thanks for coming everybody.